

[Opening Eyes to Careers](#)

[What's It Like to Own a Business?](#)

[Help Us While You Shop](#)

[Thank you to our February Volunteers](#)

[Become a Volunteer](#)

[Become a Donor](#)

Note Cards from our Photography Clinic are available [learn more](#)

Opening Eyes to Careers

One of the main aims of our program is to help our girls to graduate from high school, but we also want them to see and be motivated by the possibilities for their lives beyond high school graduation. Our program is designed so that, throughout the year, the girls are able to experience some of the many job and career opportunities that will be available to them.

The seventh grade girls explored public service jobs with a visit to a Grass Valley fire house. The visit began with reminders of the basic fire safety rules: "stop, drop and roll", steps to take if there is a fire in your house and how to create a fire escape plan for your family. The firefighters talked about their careers in firefighting and what it was like to attend the fire academy. Each girl got to sit in the fire engine, including time in the driver's seat, and take a turn at operating the fire hose. They experienced how much physical strength and concentration it takes to fight a fire.



Jacqueline tries out the fire hose.

Our upper high school girls will be beginning a hands-on career experience this week with the Flower Project in Nevada City. The girls will be working weekly in a teaching garden to learn the basics of flower growing. They will plant seeds, work in a greenhouse, prepare planting beds, harvest the flowers and make bouquets. In the summer, the girls will learn floral design and sell the flowers at the local farmers markets. The program will continue in the fall with wreath making and dried floral arrangements. The Flower Project supplies bouquets to BriarPatch Market, local farmers' markets and weddings. To learn more about the Flower Project, [click here](#).

What's It Like to Own a Business?

Our sixth graders visited Mindy's Ice Cream in Grass Valley and owner, Melinda Gravenstein, gave the girls a behind the scenes look at how an ice cream parlor works. Melinda told the girls about how careful one needs to be to operate in a food business, including the need for strict sanitation and following the rules set out by the dairy board. Melinda also talked about the steps to get a business license and the need for a good security system. To help the girls with their own future job hunting, Melinda described the traits she looks for when she is hiring new employees. The girls finished their visit by making their own waffle cones and then mixing ice cream at the counter to fill their cones.



Sixth graders enjoy their ice cream.

The middle school girls talked to two business owners who told them how they got involved in their fields. Lila Reyna of Gold Country Kuk Sool Won explained how she became involved in martial arts as a teen and always wanted to open her own studio. Lila's passion is women and children's safety, so she now offers a number of free and low-cost self-defense classes. Karen Knecht loves art and has owned a number of businesses--so when she was looking for something new to do, she combined her two interests and opened Ceramics Unlimited. She told the girls--the special thing about owning a business is that you not only love what you do, but you get to be in charge of it too. She gave the girls a tour of her studio and help them to decorate mugs to take home.

Help Us While You Shop

Are you or any of your family members or friends Save Mart shoppers? If so, we would love your help raising valuable dollars. Save Mart's S.H.A.R.E.S. card program is an easy way for you to help The Friendship Club fund-raise. Just use the card when you purchase groceries at any Save Mart store. The card also works at S-Mart Foods, FoodMaxx and Lucky Stores. Each time you use the card, 3% of your purchase is automatically credited to The Friendship Club. To receive a S.H.A.R.E.S. card or for more information about this program, please contact our Development Director at 265-4311 or dd@friendshipclub.org



Scooping at Mindy's Ice Cream

Thank you to our February Volunteers

After School Meetings

Drivers: Marggy Clingan, Eric Foote, Janet Swanton, Barbara Thomas, Francesca Erickson, Martie Rothert, Harlow Rothert, Gayle Granucci, Di Connell, Jan Hedman, Marlene Soldani, Viv Kane, Chris Kane, Rick Bethel, Cheryl Morris, Ronnie Paul, Amy Umpleby, Bonnie Hampton, Kris Lienhart, Cheryl Jones, Diane McIntire, Barbi Jackson



Snack Preparation: Ronnie Paul, Bonnie Hampton, Diane Stanbury, Sue Fajen

On the fire house tour

Meeting Helpers: Mallori Abbott, Francesca Erickson, Jill Messier

Field Trips: Karen Knecht, Ceramics Unlimited; Melissa Gravenstein, Mindy's Ice Cream; Nevada County Consolidated Fire Department

Video Production Project for Freshman: Eric Foote

Office Help: Eric Foote

The Friendship Club
138 New Mohawk Road, Suite 275
Nevada City, California 95959
(530) 265-4311 Fax: (530) 265-4131

www.friendshipclub.org

This e-mail was sent
from Friendship Club
Immediate removal
with **PatronMail**[®]
[SecureUnsubscribe](#).



To forward this e-mail to a friend or colleague, [use this link](#).

To change your e-mail address or update preferences, [use this link](#).